

KAREN LEEDS

"May I walk. May it be beautiful."



ART, COURAGE & CREATIVITY



WORKSHOP DESCRIPTIONS

Winter/Spring 2012 & 2013

WHO ATTENDS...

Novices who feel unsure of themselves, and experienced artists alike both attend.

Friends, family, business associates and team members (any group that collaborates) can benefit from these sessions.

Karen also makes house calls. See flyer on individual mentoring.

WHY?

Come to loosen up, have fun, relax, play and explore your own unique voice and point of view without expectation or pressure of any kind. Become more familiar with subtle, creative impulses.

Letting yourself create reduces stress, brings you back to the present moment, and helps to restore a sense of balance. The willingness to not know and let go is essentially healing.

RESERVATIONS REQUIRED

602-321-0219

art@karenleeds.com

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PO Box 26526

Scottsdale, AZ 85255

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www.karenleeds.com

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ART, COURAGE & CREATIVITY with KAREN LEEDS



Art, Courage & Creativity I
THE FIRST WORKSHOP

"Art, Courage & Creativity" is for adults who want to express themselves artistically, but who feel unsure of their natural abilities. We use oil pastels and paper to identify and overcome the inhibitions that limit us, in a playful and relaxed setting. All materials are provided. All you need is an apron or old clothes. This is a brief, fun hands-on opportunity to explore your feelings through color, and to see how that experience can enrich other aspects of your life.

DATE: Saturday, December 8, 2012
LOCATION: Karen Leeds Scottsdale Studio
TIME: 10:00 am to 1:00 pm (3 Hours)
COST: \$65 (plus \$18 for supplies)

DATE: Saturday, January 12, 2013
LOCATION: Karen Leeds Scottsdale Studio
TIME: 10:00 am to 1:00 pm (3 Hours)
COST: \$65 (plus \$18 for supplies)

DATE: To Be Announced
LOCATION: Karen Leeds Scottsdale Studio
TIME: 10:00 am to 1:00 pm (3 Hours)
COST: \$65 (plus \$18 for supplies)

Contact Karen Leeds / Reservations & Details
art@karenleeds.com 602-321-0219



Art, Courage & Creativity
IN THE GALLERY
Main Street, Scottsdale

Sessions will be held inside a working gallery on Main Street in Scottsdale surrounded by art, music and fine dining. The session lasts for 2 1/2 hours and is appropriate for all comers. Come relax and play, and then explore Scottsdale's prestigious ART WALK afterwards. Immerse yourself in beauty.

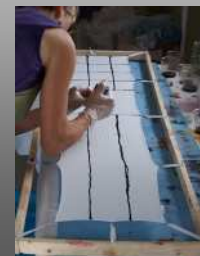
DATE: Thursday, December 13, 2012
LOCATION: Victoria Monize Fine Art Gallery
TIME: 2:30 to 5:00 pm (2.5 Hours)
COST: \$65 (plus \$18 for supplies)

DATE: Thursday, January 17, 2013
LOCATION: Victoria Monize Fine Art Gallery
TIME: 2:30 to 5:00 pm (2.5 Hours)
COST: \$65 (plus \$18 for supplies)



Art, Courage & Creativity
II — TAKING IT FURTHER

This longer ACC session introduces new mixed media and activities designed to help novices and experienced artists alike, relax, revive and reinvent themselves. While there is ample oil



Art, Courage & Creativity
THE SILK WORKSHOP

Participants will use French dyes and silk to explore the creative process itself. Basic techniques will be taught, and attendees will make and take home at least four silk scarves, suitable for wearing or framing. All materials will be provided. You will experience everything first hand that you need to know in order to continue with silk painting on your own. This is a jam-packed, playful experience that builds confidence and supports both novices and experienced artists alike intending to free up creative spirit that is vital in all walks of life, not just in the process of making art.

DATES & TIME: Friday, Jan. 25 1:00 to 5:00 pm
Saturday, Jan. 26 10:00 to 5:00 pm
Sunday, Jan. 27 10:00 to 3:00 pm
LOCATION: To Be Announced
COST: \$275 (plus \$75 for supplies)

2 Day Session (or 5 Week Series)
Look for this in **SUMMER 2013**

Pastel technique taught, the emphasis is on creating truly original art by intuition, and on learning to hear, recognize and act upon the inner guidance of your own unique voice.